

COMMUNITY formation

Community Lunches

(12.30pm Monday | 12pm Tuesday)

Ioin us on Monday and Tuesday for our Community Lunches. This is a great time to get to know other students and staff while enjoying a delicious lunch together.

Chapel this Week: The Body of Christ

"Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ." John Tucker is speaking on 1 Corinthians 12:12-27.

PLUS! Bring your instrument to Chapel! We would like to invite people to bring any type of instrument to Chapel this Tuesday. Rachel Roche is curating and it will be a creative and enriching time!







Tuesday Lunchtime Interview - Mark Beale

Mark Beale is a vastly experienced pastoral leader whose gospel vision took him well beyond the borders of the local church into renewal of his neighbourhood and ministry among those who suffer and struggle. He was for many years vicar at Clendon Anglican Church. Mark helped set up the Manukau Beautification Trust and is still involved with the Wiri Prison.

WEDNESDAY prayer (12:40pm)

This week we'll be praying for Pastoral ministry; led by Chris Berry.

Keep an ear out for the bell ringing which signals the start of Chapel.

LIBRARY hours

Mon-Thu: 8.30am - 6.30pm

Fri: 9am – 5pm **Sat:** 10am - 12.30pm

FREE BOOKS! The library has a new box of FREE books available for students. Come and ask the librarians to have a look.

2ND SEMESTER ENROLMENT INFORMATION

For Returning Students - Enrolments for semester two need to be in by Wednesday 13 June (forms available

on Careyonline

homepage>Forms for Students or click here... FORMS FOR STUDENTS

Semester One ends Friday 29th June (all assignments need to be handed in

by this date - NO EXTENSIONS available beyond 29th June).

Please make sure you are familiar with the Assessment Regulations found in Academic Regulations

on Careyonline homepage (click here...

ACADEMIC REGULATIONS



MAORI WORD of the week

tautoko (verb): to support, help. "Neroli's chocolates are a great tautoko to get you through the semester!"



What does it really mean to say that Jesus reveals what it means to be truly human?

This course offers a theological examination of the nature of persons with special reference to issues raised by modern philosophy, psychology and

You can audit this course if you are not a postgraduate student. Cost is \$300

Click here for more info.



Most days I ride in on my bike (pushbike that is, not a Harley unfortunately), and have really enjoyed the space that provides in my daily routine to clear the mind, enjoy the sun—and the occasional rain shower too—and the fresh air. The first few times I rode in, I was full of enthusiasm and ended up pushing myself to get in faster than the previous day's time . . . and over the next week I DID manage to carve several minutes of my commute and increase the levels of sweat! However, as you can imagine, it wasn't long before I reached "peak sweat" and my times started to stall and then blow out. So frustrating! Three months in, and I have now settled into a more "sustainable" pace, although I still enjoy pushing myself for a personal best when energy levels allow.

This got me thinking to rhythms of life. As students you are currently neck deep in the busiest phase of the semester. Final course assessments and study responsibilities can mean long days, short nights and an increase in overall tension and stress levels. My prayer for you in this time is that you might be able to find a healthy balance even in the midst of end-of-semester-craziness. Studying isn't a sprint, you need to keep the long game in mind. Yes, if you are anything like me there will be the occasional need for some (very) late nights. However, I trust you are able to find a pace that IS truly sustainable. The sabbath principle is beneficial when the going is easy, but I have found it CRUCIAL when the going gets heavy. Take time out regularly over the next few weeks to be still, to be quiet, to recharge . . . to BE in HIS presence. Take care of yourselves and go well with those final assessments. See you on the bikepath.

■ Rob Ayres academic director